

The background of the image is a detailed microscopic cross-section of a lichen thallus. It shows a complex, multi-layered structure with various cellular components, including what appears to be the cortex, medulla, and possibly reproductive structures. The colors are primarily shades of purple, blue, and green, with some lighter areas. The overall texture is intricate and porous.

LICHEN PLANUS

Lichen Planus

* **Definition:**

Chronic, intensely pruritic disease of the skin and mucous membranes characterized by
Violaceous, flat-topped, shiny, polygonal papules

* **Etiology:**

- Genetic predisposition
- Immunological abnormalities
- Infections: hepatitis C virus
- Drugs: e.g. antimalarials

* **Clinical Picture of classical LP :**

- Violaceous, flat-topped, shiny, polygonal papules
- Affects flexures
- Mucous membranes are affected in 30 to 70% of cases
- Itching is prominent
- Deep post inflammatory hyper pigmentation



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Clinical Patterns of Lichen Planus

- Ordinary (classic)
- Hypertrophic
- Atrophic
- Linear
- Annular
- Actinic
- Follicular
- Lichen planus of mucous membranes



LP of
mucous
membrane



Treatment of Lichen Planus

- Topical corticosteroids
- Oral antihistamines
- Systemic steroids for extensive cases